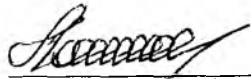


УТВЕРЖДАЮ  
Начальник главного  
управления по образованию  
Могилевского облисполкома  
 А.Б.Заблоцкий  
«\_\_\_» октября 2023 г.

ЗАДАНИЯ  
для проведения второго этапа республиканской олимпиады  
по учебному предмету «Английский язык»  
(аудирование)

Дата проведения: 1 ноября 2023 г.  
Время выполнения заданий: 12.30 – 13.30.

XI класс

Text 2

**Listen to the interview “Sleeping for exam success” and complete the sentences with between one and three words.**

1. Professor Manson remembers having lots of exams and assignments at school but didn't \_\_\_\_\_ her revision time very well.
2. Revising for an exam the night before can help \_\_\_\_\_ but a good night's sleep is even better.
3. There is a clear link between \_\_\_\_\_.
4. Most students in the class sleep between \_\_\_\_\_ hours, whereas the recommended amount for 14- to 17-year-olds is more.
5. Sleep helps the body regulate its vital functions and also gives the \_\_\_\_\_ a chance to restructure information.
6. Memory \_\_\_\_\_ is when information passes from our short-term to long-term memories via the hippocampus.
7. Memory consolidation is improved by \_\_\_\_\_ information regularly.
8. Memory consolidation takes place during stages of \_\_\_\_\_ sleep.
9. And while we're snoring away, our brains are very active restructuring information we've collected during the day and consolidating \_\_\_\_\_.
10. According to the National Sleep Foundation in Washington, \_\_\_\_\_ need anything between 14 and 17 hours' sleep.